

Introduction



- This guide shall provide you with information how you can organise WPNS sanctioned races nationally or regionally;
- how athletes can get the chance to compete;
- how athletes can ultimately collect WPNS race points for World Championships and Paralympic Winter Games Qualifications

WPNS Points and World Cup Points Rules



Important Document: WPNS Points and World Cup Points Rules

Document is located here: www.paralympic.org/nordic-skiing/rules

PARA NORDIC SKIING RULES					
The sport is governed by World Para Nordic Skiing who act as the International Federation.					
The full rules and regulations for the sport can be found in the table below.					
DOCUMENT NAME	LATEST UPDATE				
World Para Nordic Skiing Rules and Regulations 2020/2021	14 October 2020				
Overview of Rules and Regulations Changes	14 October 2020				
Points and World Cup Points Rules	24 November 2020				

Calculation of WPNS Points



Cross Country Points:

 A competitor's points will be the average of his or her best five results in cross country competitions over current and previous season. For sprint and pursuit competitions, only qualification races give race points.

Biathlon Points:

 A competitor's points will be the average of his or her best five results in biathlon competitions over current and previous season. Final race in pursuit competitions does not count.

Calculation of WPNS Points



If the competitor has less than five valid results, the average will be adjusted according to the following:

4 results x 1,1 = WPNS points

3 results x 1,2 = WPNS points

2 results x 1,3 = WPNS points

1 result x 1,4 = WPNS points

Calculation of Race Penalty



- To calculate the race penalty of a race the WPNS points of the top five competitors are considered and the three best values are added and divided by 3.75. The points shall be rounded to two decimals.
- If there are two competitors with WPNS points among the top 5 in the results, the two-point values are added and then divided by 2.25 to determine the race penalty.
- The minimum penalty in races other than WC, WCH and PWG is 25

If there are less than two or three competitors with WPNS points among the first five on the result list, the World Para Nordic STC decides about the race penalty for this race or may decide that this race won't be taken into consideration for the WPNS-Points.

Please see the next pages for this scenario.

Calculation of Race Penalty



- Standing and Vision Impaired classes may be combined in order to calculate a race penalty. The percentage for classes will remain the same.
- Men and women in the same category may be combined in order to calculate the results and race points. 15% (or current percentage for relay races according to the WPNS Rules and Regulations rule 324.4.2) will be subtracted from women's percentages before combining.
- Standing and VI athletes may compete with sit-ski athletes; the factor of the sit-ski athletes will be reduced by 12% (or current percentage for relay races according to the WPNS R&R rule 324.4.2) before results and race points are calculated. this is only possible if classic technique and sit-ski courses are used

IMPORTANT: in cases were categories and genders are combined for results and race points evaluation the same tracks and distances have to be used

Example – Combination of Standing and VI classes



Rank	Athlete Name	Class	WPNS Points	Result	Race Points	Penalty	Result
1	Athlete 1	LW8	93.46	16:23.7	0.00	99.85	99.85
2	Athlete 2	В3	120.63	18:12.0	66.06	99.85	165.91
3	Athlete 3	LW6	160.34	19:49.0	125.22	99.85	225.07

Penalty calculation: 93.46 + 120.63 + 160.34 = 374.43/3.75 = 99.85

Calculation of Race Penalty



The following rule shall apply in the following cases:

- If only one athlete with WPNS points is in the field
- If there are multiple athletes with WPNS points in the field, but with such a wide range of points, that athletes with low WPNS points would be disadvantaged
- 4.3.1.6 The STC may establish a fixed maximum penalty applicable to Continental Cups. The maximum penalty will be determined by the STC. The maximum penalty shall be applied by adding the fixed amount to the best (lowest) points holding participant. Example: if there is an athlete in the field with 0 points the maximum penalty would be 0 + 'x' points. If the lowest holding athlete has 20.95 points the maximum penalty would be 20.95 + 'x' points.

The maximum penalty will be at the discretion of the WPNS STC and be based on the quality of the field and undergo a thorough review by WPNS to ensure accuracy and fairness.

Example - One athlete with WPNS points in the field



Rank	Athlete Name	Class	WPNS Points	Result	Race Points	Penalty	Result
1	Athlete 1	LW8	-	16:23.7	0.00	34.06 + x	34.06 + x
2	Athlete 2	LW5/7	34.06	18:12.0	66.06	34.06 + x	66.06 + (34.06 + x)
3	Athlete 3	LW6	-	19:49.0	125.22	34.06 + x	125.22 + (34.06 + x)

Penalty calculation: 34.06 + x

Hosting a WPNS sanctioned event



- Different levels: WPNS Race; Open National Championships; Continental Cups: European Cup, North American Cup, Asian Cup, Southern Hemisphere Cup
- To sanction an event, register it through SDMS. Please see this guide for more information: <u>WPNS Competition Approval Request</u>. Once sanctioned the race application is subject to a sanction fee.
- Tracks shall be in alignment with WPNS competition formats: <u>Competition Formats and Programs</u> and the <u>Homologation Guide</u> (in case such tracks cannot be identified, please send us track profiles for our review)
- Appointment of National TD to be confirmed with WPNS
- WPNS sanctioned events shall be open to all teams. The race invitation has to clearly outline what requirements entering teams have to fulfil (e.g. quarantine, testing protocols, ...)
- The results shall state as a minimum the name of the athlete, sport class and the real time, which has been approved by the TD and will need to be send to WPNS

For support and questions always feel free to reach out to: info@WorldParaNordicSkiing.org

Participation in FIS Races



WPNS points earned during FIS Competitions

- 14.1 Athletes with both WPNS and FIS Licenses may earn WPNS points by participating in FIS competitions. To be awarded IPC points from FIS results, the following steps must be completed:
 - Athlete must hold both WPNS and FIS licenses
 - Athlete must have a valid and current IPC classification
 - A WPNS licensed athlete who earns FIS points can petition for those points to be converted to WPNS points. (*they must appear on official FIS results)
 - Conversion steps:
 - 1. Athlete or nation submits a points conversion proposal, including relevant information: official FIS registered name, date, race location, distance, codex etc. as well as the athlete's WPNS (SDMS) license number.
 - 2. Athlete's race time is then modified according to their official classification percentage, as it would be in an IPC event.
 - 3. FIS points are modified according to adjusted time (if there is an adjustment).
 - WPNS converts modified FIS points to the WPNS system based on a points conversion formula (exact conversion numbers to be determined by the STC and reviewed annually).
 - Conversion system is reviewed annually to ensure conversions are accurate and fair.

Other opportunities



- If there are no options to participate in any sanctioned WPNS or FIS races, WPNS is open to receive requests for accepting results from other races outside the WPNS and FIS sanctioned races, such as IBU sanctioned races.
- Please send information on those races ahead of the actual race for our review to: <u>info@WorldParaNordicSkiing.org</u>

Classification



- Athletes are allowed to compete on races below World Cup level with a "New" status in the highest class of their category (see rule excerpt below)
- Athletes with "Review" or "Review 2020 and older" keep their status until the next feasible classification opportunity
- WPNS will keep the right to assess the demand for classification at sanctioned events and if feasible add classification to the competition

Reference to WPNS Rules & Regulations 2020/2021

- To compete at WPNS sanctioned events and acquire WPNS points, an athlete must be internationally classified by WPNS. Until an athlete has been Internationally (WPNS) Classified, he/she will be designated N status (New). An athlete with N status may not compete at World Cup, World Championship, or Paralympic Winter Games.
- If competing at a sanctioned lower level event an athlete with N Status must compete in the class with the highest factor of his/her category (B3, LW4, LW12).



Please send any questions, queries and requests to: info@WorldParaNordicSkiing.org